





# High Performance Leadership Program

Batch 2 - March 2021

Participant Profile



### **High Performance Leadership Program**

Online Foundation Program for Sports Administrators by ELMS Sports Foundation and Abhinav Bindra Foundation

Recognizing the need for competent high-performance administrators to drive India's aspiration of becoming a sporting powerhouse by 2028, ELMS Sports Foundation in association with Abhinav Bindra Foundation launched its inaugural High Performance Leadership Program in July 2020.

The High-Performance Leadership Course is a one-of-a-kind resource put together by ELMS Sports Foundation, in an effort to create more leaders and strong influencers in the Indian Sporting Landscape. The Abhinav Bindra Foundation has come on board as the course's Knowledge Partner, in a bid to share its learnings and collaborate towards a robust program that every participant can associate within the current situation of Sport.

This online training program is specifically designed to help India's sports administrators upgrade their knowledge, skills, and abilities in the area of management and leadership in High Performance Sport.





## Goals

Through 5 core learning themes, participants will gain critical insights into what it takes to-



Lead the sports organization with clear vision/ goals, put in place efficient organization design, governance structures, and align functions as per Olympic Charter.



Leverage all relevant sport sciences for maximizing performance of athletes, for process efficiency of organizations, and provide cutting edge infra/ processes to the athletes.



Define/refine holistic sports policies as per needs of all stakeholders, implement plans with clear plans and efficiency, monitor on-ground implementation and regularly share improvement opportunities



Understand, review and establish world class processes for talent ID and development at youth, junior and senior levels.



Develop the critical skills needed to maintain emotional balance of self and others in order to maximize performance and overcome stressful or challenging situations in training or competition.





## Learning Modules

The five proposed types of modular activity that will underpin the program are as follows-



#### ·Sports Organization Development

Developing and managing Olympic, National [Leagues, Ministerial, IOA and NSAs] and other international sport organizations; Creating High Performance culture within organization.



#### ·Emotional Intelligence in Leadership

Developing the critical skills needed to manage your emotions and have empathy for others to maximize your own and others' performance in the work place.



#### · Talent ID and Development

Recognizing and developing athletic talent at the youth, junior and senior levels of development. [Podium Potential, Podium Capable, Podium Ready].



#### ·Strategy to Deliver

Developing and implementing appropriate strategies for all aspects of athlete preparation and competition. Creating coach development structures for performance management.



#### ·STEAM Sport

Understanding and critical evaluation of applicability of Sport Science, Technology, Engineering, Analytics, and Medicine in Olympic sport Performance.





### **About Us**

### **ELMS Sports Foundation**



ELMS Sports Foundation (ELMS) is a not-for-profit company formed under Sec 8 of the Companies Act. ELMS is committed to the promotion of physical literacy and sports in India. It is guided and inspired in its endeavours by its iconic advisors Mr. Pullela Gopichand and Mr. Abhinav Bindra.

ELMS Sports Foundation is promoted by Mr. Jalaj Dani and Ms. Vita Dani. Reliance Foundation, the philanthropic arm of Reliance Industries Limited, also committed to support ELMS vision. The ELMS Board of Directors includes Mr. Kamlesh Mehta, Arjuna Awardee and 8 times National Table Tennis Champion and Mrs. Monalisa Mehta, Arjuna Awardee and National Women's Table Tennis Champion.

ELMS has trained over 19,000 PE teachers across 13 states of India. They also completed the first program of the High-Performance Leadership Program that had 62 participants.





### **Abhinav Bindra Foundation**

#### **Knowledge Partner**



The Abhinav Bindra Foundation is a non-profit organisation that has dedicated itself to Sporting Excellence. Through ensuring Global Best Practice is made available to all, the Foundation identifies ways to educate, inspire, and help the Indian Eco-systems accept nothing but excellence! Founded by India's first Olympic Gold Medallist Abhinav Bindra, the Foundation currently works with Sport Science and its implementation in India as a primary focus, with the intention to also ensure Skill Development, Education, and Social Upliftment through Sport can be explored.

The Three Avenues of Outreach that the Foundation employ are:

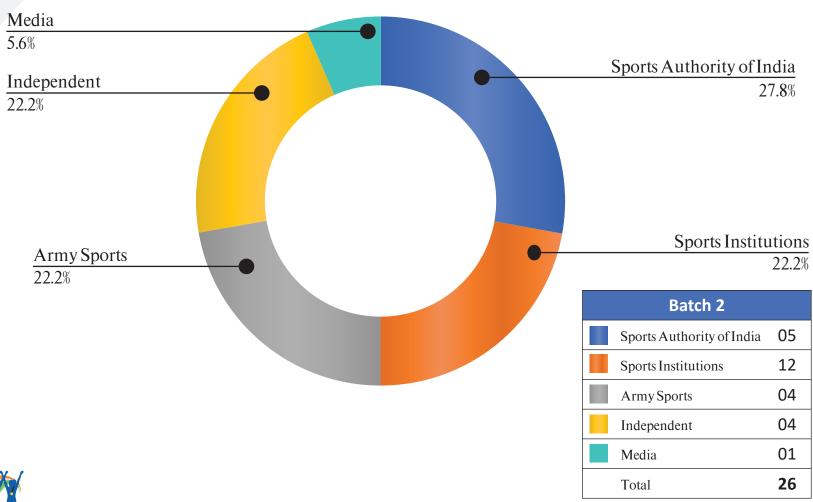


Using these Avenues, the Foundation has reached out to almost 800+ Athletes across 6 Cities, as well as the surrounding Ecosystem, bringing all a step closer to Excellence!





### Batch 2 – March 2021







## Batch 2 – March 2021

**Participant Profiles** 





Col. Amarjeet Singh.
Commanding Officer
Army Marksmanship Unit,
The Infantry School,
Mhow (Indian Army)

Colonel Amarjeet Singh has been posted as Commanding Officerand High-Performance Director of Army Marksmanship Unit in Sep 2020. Prior to his present tenure in the Army Marksmanship Unit, he had been posted as Pistol Team Coach and Officer-in-Charge of the Pistol team between 2010 to 2013. During this period the Pistol team performed stupendously and shooters made a mark in various International Shooting Competitions, the pinnacle has been Olympic Silver Medal won by Vijay Kumar in 2012 Summer Olympics. In the current role Col. Amarjeet Singh is responsible for coaching, mentoring and management of Pistol, Rifle and Shotgun Teams as well as Skill and Performance development of Coaches and Support Staff.







**Dr. Anuradha Namashivaya**Founder – Director
True Sport Solutions Pvt ltd

Dr. Anuradha Namashivaya holds a Master's Degree in Sports Management from AISTS Lausanne, Switzerland and is a Dentist, with over 20 years in Sports Education, Grassroot Sports Development as well as working in International and Nationals events. She has been part of the Task Group that put together Sports Policy for Karnataka State Government under the leadership of Mr. Prakash Padukone and Mr. Rahul Dravid. In addition to the above, she has the following accolades:

Founder of True Sports Solutions Pvt Ltd.

Master Licence holder for Brazilian Soccer School India & Socatots

- one of the leading grassroot football programs in the world.
- · Aerial Zone School of Gymnastics
- · Created calendar for women elite athletes under the banner of SportzDivas
- · International certified coach for Artistic and Rhythmic Gymnastics (FIG)
- · National Artistic Gymnastics and Aerobics Gymnastics Judge
- · Vice President Gymnastics Association of Karnataka
- · General Secretary for Mysore District Gymnastics Association
- · Former International Gymnast, with over 15 years of Competitive Gymnastics
- · National Medallist
- · National Sports Aerobics Champion
- · Ms Fitness World Championships competitor.









Lt. Col. Daljit Singh
Training officer
Army Sports Institute, Pune

Dr. Arun Surendran is currently working as Assistant Professor in the Department of Physical Education & Sports at the Federal Institute of science And Technology, Ernakulam, Kerala. He is the Sports Director of Kerala Judo Association and has been associated with sports administration for the Past 20 years. He was a National Judo Player who represented Kerala in National Judo Championships and Calicut University in All India Intervarsity Judo championships.

Dr. Arun's specialization is on High performance Sports Analysis and Administration.

Lt. Col. Daljit Singh is presently posted in Army Sports Institute, Pune as a training officer. Apart from training, he also looks after Athletics as well as Boxing. As far as his sports background is concerned he was also an Athlete and participated in numerous schools, college, university, state, national and army level competitions. He is very keen to do as much as he can for his sportsmen. Lt. Col. Singh is also dealing with Tokyo bound athletes and Boxers who are training hard to get a medal for the country.







**Mr. Darshan Majethia**Head of RFYS football
RISE worldwide



Mr. Deepak Kabra Sports Manager Reliance Foundation Youth Sports

Darshan Majethia is currently working on Reliance Foundation Youth Sports in an effort to revolutionise grassroots sports in the country.

Mr. Deepak Kabra is a Gymnast who later pursued Judging. He attained International License in Gymnastics Judging in 2009 and went on to judge over 20 International Gymnastics Competitions including 2x Youth Olympic Games, 3x World Championships, 2x CWG and Asian Games. He is the first ever Indian to get an invite for judging gymnastics at an Olympic Games (Tokyo 2020).

In addition to that he is also, a qualified Chartered Accountant and Company Secretary. He has worked at Reliance Industries with Legal and Portfolio Management Team for 8 years before moving to Sports Team within the Reliance Foundation in 2019.







**Mr. Harish Babu Pallepogu**Assistant Director
Sports Authority of India

Mr. Indranil Chakraborty
Coach
TATA Football Academy

Mr. Harish Babu Pallepogu is presently working in Sports Authority of India as Assistant Director. He has completed his Masters in Technology. He has played Cricket, Badminton and Volley Ball.

Mr. Indranil Chakraborty has been playing football since his schooldays. In class 6 he first played for my school team & was the youngest member of the team, later when he joined college he played for the college team & also played for University in the zonal game & All India Inter University meet. Indranil started coaching from 2008 at Mohun Bagan academy, and then went on to coach at Sports Authority of India, Garwal Rifles and the Indian National team. He is presently at Tata Football Academy. Mr. Chakraborty has visited 15 countries to learn football coaching.







Mr. Kamalakar Muddureddy
Assistant Coach Archery
Sports Authority of India

Mr. Kamalakar Muddureddy is currently working in Sports Authority of India's Netaji Subhash Engineering College in Kolkata. He is handling theory & practical classes for Diploma course trainees.



**Dr. Mansukhbhai Tavethiya**Senior Coach & Campus In charge,
Khelo India Academy Nadiad, Gujarat
Sports Authority of Gujarat (SAG)

Dr. Mansukhbhai Tavethiya is a National Medallist of Triple Jump (1996). He has completed his BA, BPEd, MPEd, PhD as well as 6 publications in well-known publishers about Athletics. He has done 2 international Tours as an Indian National Coach 2017 and 2019 respectively. In total, Dr. Tavethiya has 15 years of work experience in sports with Sports Authority of Gujarat. He is currently appointed as a Senior Coach, Sports Coaching Monitoring and Management for the last four years at Sports High Performance Centre, Nadiad, Gujarat, India.







Officer - in - Charge Talent
Scout Wing Officer - in - Charge,
Manager for Army Wrestling &
Weightlifting Teams Army Sports Institute

A Chemistry graduate from St Stephen's College, Lt. Col. Nikhil Allen Singh is an ardent swimmer and water polo player, having represented Delhi state, University & Army team in various National Championships. He has been connected with sports at an impassioned level. Even after getting commissioned into the Army he played for and managed the Army Water polo Team. Being a thoroughbred Infantryman, he realized the value and importance of human resource and truly believes that "Happy Teams are Winning Teams". It is with this singular aim that he wishes to acquire in depth knowledge about High Performance so that he can enrich and augment any sporting environment he is or maybe a part of in future. Apart from aquatics Lt. Col. Singh has a keen interest in Cricket and Tennis and is also an enthusiastic wildlife and nature lover.



Mr. Nishieth K Babu Senior Athlete Manager GoSports Foundation

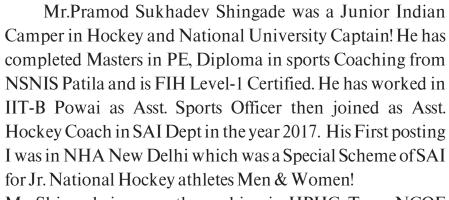
Mr. Nishieth K Babu is a sports enthusiast with an engineer's mindset. He has completed my Master's degree in Sports Engineering from Sheffield Hallam University, UK and is currently working with emerging and elite Olympic and Paralympic athletes through the GoSports Foundation. He enjoys playing multiple sports but has a soft corner for Football. Mr. Babu's main area of interest includes Sports Science and he keeps up-to-date with new technologies sprouting up worldwide. His goal is to introduce and execute these advancements for the benefit of Indian athletes.







Mr.Pramod Sukhadev Shingade Centre Coach (Tops- NCOE, New Delhi) Sports Authority of India



Mr. Shingade is currently working in HPHC, Tops- NCOE New Delhi as a Centre Coach of Boys Team scheme of SAI collaboration with Hockey India Association!



Mr. Rajiv Seth
Project Director
Odisha Naval Tata Hockey
High Performance Centre

Mr. Rajiv Seth is an ex-First class cricketer and first batch trainee of the famous MRF pace Foundation coached by Dennis Lilee. He has Coached the Malaysian National Cricket team with ACB level 3 coaching qualification. He has also attained coaching education level pathway level 1 of Hockey India and is now appearing for level 2.

Mr. Seth is currently a BCCI (Board of Cricket Control in India) Emapnelled Match Referee and works for Tata Steel limited, India. He handled operations and administration of Jamshedpur Football club in its inaugural year in 2017.

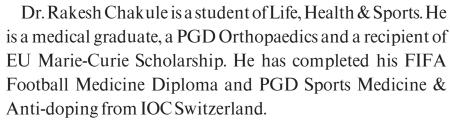
He is a graduate from Hindu College, Delhi University and Special Management from IIMC Joka (Kolkata).







**Dr. Rakesh Chakule**Sports Injury Specialist
Sporthopaedicum, NaviMumbai
SportzHEd, Navi Mumbai



He is an advocate for basic life-saving skills for all. He is a footballer & athlete who believes in physical activity as medicine. He also volunteered his medical services at Rio Olympics 2016 & PyeongChang Winter Paralympics 2018.

Dr. Chakule enjoys being on the firld and strives for having injury-free athletes. His interest is in sports health education in Indian sports ecosystem and belives in the mantra: maximum sports & academics, optimum administration, minimum injuries.



Mr. Sai Krishna Pulluru

Director

Anantapur Sports Academy

Mr. Sai Krishna Pulluru is an MSc Sport Management graduate with over six years of experience in the fields of sport for development, grassroot sport & youth development and event management. Currently, he is leading Anantapur Sports Academy (ASA), a sport for development initiative committed to utilize sport to achieve social change among rural children and youth alongside contributing towards a sustainable grassroots sports culture.

Sai is passionate about building a strong sports culture at the rural regions and is keen on utilizing his skills and experience towards enabling equal access for children and youth to access sport.







Col. Sameer Khanna
Officer in charge Training
Army Sports Institute



Mr. Sanjeev Kumar Manager Sports Tata Steel

I have been in the Army for over 28 years. I have tenated various appointments which have been in the operational or administrative capacities. I have done my Masters in Military Psychology, MBA in HR and Bachelors in Computer Science. I have served as a psychologist in a selection centre for officers. I am a keen sportsman and represented state, university and services in various sports. I love running and riding my new Interceptor 650cc.

Mr. Sanjeev Kumar is a Post Graduate in Sports Management and Sports Event Management. At present he is working with TATA Steel as Manager Sports where he is looking after sports coaching, event management and administration. He has also worked for Jamshedpur FC as Accreditation Manger and has represented Jharkhand as Team Coach in National Games 2015, Kerala.

Mr. Kumar appreciates working in a challenging environment, to enhance his skills and to strive & to contribute the best for the organization he works for.







Mr. Shashank Shekhar Tapikar Senior Manager - Sports Science Ex-SE TransStadia

Mr. Shashank Tapikar has 11+ years of experience in sports management, strategic planning, sports development and project management. He has worked with companies like EduSports, SEDIL, Khiladi Connect & SE TransStadia with the exposure to multidisciplinary functions with a proven track record of creating high value enterprise in a result-oriented dynamic and competitive environment. In his professional journey he has successfully managed projects, wherein he was responsible for defining the goals, chalking out strategies and streamline execution to achieve departmental objectives. Mr. Tapikar is also proficient in running successful method-oriented operations, taking initiatives for business excellence through process improvement and roadmaps.



Mr. Shlok Manoj Ramchandran

CO-FOUNDER:

Sportsverse Inc. Sports and Entertainment
CO-FOUNDER & HOST:
The Millennial Athlete
(IVM Podcast Network)
CHIEF COACH:
Sportsverse Badminton Academy

Mr. Shlok Ramchandran is an international badminton player who has represented India in three World Championships 2017-2019, Thomas Cup 2018, multiple Asian Championships apart from playing over 75 international tournaments in almost 40 countries winning 7 Titles. His best world ranking was 32 in 2018.

His other achievements include:

- ·4x National Championship medalist
- <sup>2</sup> 2x National Games Medalist
- · Winner of 8 Senior All India Titles
- · Former India \* 1 (Juniors and Seniors)

Mr. Ramchandran is also the co-founder of Sportsverse Sports and Entertainment, The Millennial Athlete (Podcast on IVM network) and Founder and Coach at Sportsverse Badminton Academy.







**Ms. Shweta Vishwanathan**Assistant Director
Sports Authority of India



Mr. Sukhwant Basra Independent

Ms. Shweta Vishwanathan is a lawyer, sports enthusiast and sports administrator. She is currently working as an Assistant Director with Sports Authority of India.

Mr. Sukhwant Basra has been a career sports journalist for over two decades. He is also an ITF certified tennis coach and that's the passion he is pursuing right now.







Mr. Suraj L N Swamy
Operations Manager
Padukone - Dravid Centre for
Sports Excellence

For over 15 years, Mr. Suraj LN Swamy has been connected with sport in one way or the other. His earliest stint being with field hockey - a sport he played all the way from school up until under-graduation. Since that he's taken up professional positions in sports equipment retail and most recently in the field of sports operations at the prestigious Padukone - Dravid Centre for Sports Excellence.



Mr. Thakare Sarvadnya Ajinkya
Assistant Director &
Senior Development Officer
Sports Authority of India

Mr. Thakare Sarvadnya Ajinkya is a young sports administrator currently working in TOPS POD Division of SAI, with a vision of creating a sustainable sports development ecosystem and achieving top performance in Olympics.







Ms. Vibhuti Dhand Adesara
Sr Manager HRM
Tata Steel Limited

Ms. Vibhuti Dhand Adesara describes herself as ambitious and driven. She thrives on challenges and constantly sets goals for herself. People perceive her as someone with good interpersonal skills. She can totally find common ground with strangers and likes making people comfortable in her presence. One of her strengths is being a good communicator, this skill has helped her in her professional journey and brings good association.

Ms. Adesara enjoys travelling and dancing. She is also I am a certified Zumba instructor. By profession she is in the HRM fraternity for more than 9 years, having worked with Reliance Power and currently associated with Tata Steel Limited Corporate services HR team. She has also been serving the Rotary Club of Jamshedpur West and part of the Yi Jharkhand chapter.



Mr. Vijay Krishnamurthy
Sports Research Scholar
SDMIMD, University of Mysore

Vijay Krishnamurthy has two decades of global experience that comprises of technology, sports and project management. As part of the IT industry (1998 — 2011), Vijay worked for firms such as Broadcom, Synopsys, and Philips across geographies (US, UK, Asia). Vijay also holds a USPTA certification and coached athletes for national tennis competitions as the Founder and Head Coach of Groundstrokes from 2012 - 2018. Vijay Krishnamurthy is currently working on his Doctoral program (Ph.D.) in sports management at SDMIMD, University of Mysore. Vijay also works as an Executive Coach, working with corporate leaders on goal setting and project management.







### **Knowledge Partner**











contact us at www.highperformanceleadershipindia.com